# CHI St. Vincent Morrilton 2022 Community Health Implementation Strategy

# **Adopted November 2022**



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#### **At-a-Glance Summary**

# Community Served



CHI St. Vincent Morrilton is a critical access hospital located in Conway County, population 20,846, on Interstate 40 between Conway and Fort Smith, Arkansas. The area served by St. Vincent Morrilton is predominantly rural with issues of transportation, access to care, and low income significant for the community.

#### Significant Community Health Needs Being Addressed

The significant community health needs the hospital is helping to address and that form the basis of this document were identified in the hospital's most recent Community Health Needs Assessment (CHNA). ). Needs being addressed by strategies and programs, grouped under "access" and "education," are:



- Access to mental health services
- Access to substance abuse resources
- Basic health awareness and education
- Chronic condition education

- Domestic Violence and Human Trafficking
- Reliable Transportation

#### Strategies and Programs to Address Needs

The hospital intends to take actions and to dedicate resources to address these needs, including:



Connected Community Network Transportation Community Health Campaigns Community Outreach Program

# Anticipated Impact



Access to Care - St. Vincent Morrilton hopes to impact the general health of our community by improving access to primary care services, with an emphasis on prenatal care, in rural communities least served by existing resources; partnering with local government to expand and support access to community resources; and providing better access behavioral health care especially focused on behavioral health and recovery.

Education - The intent is to improve the general health of the community by improving the level of basic health knowledge and awareness and by building a greater level of confidence in and respect for health care in communities that traditionally this sentiment has been lacking.



Access to Care - City of Morrilton; Conway County Quorum Court; Conway County Health Coalition, Arkansas Department of Health

Education - Conway County Health Coalition; local governments; schools; health care providers; Arkansas Department of Health

This document is publicly available online at the hospital's website. Written comments on this report can be submitted to Mission Integration % Michael Millard at 2 St. Vincent Circle, Little Rock, Arkansas 72205 or by e-mail to michaelmillard@catholichealth.net.

#### **Our Hospital and the Community Served**

#### About the Hospital

CHI St. Vincent Morrilton is a part of CommonSpirit Health, one of the largest nonprofit health systems in the U.S., with more than 1,000 care sites in 21 states coast to coast, serving 20 million patients in big cities and small towns across America.

Originally called St. Anthony's, the Benedictine sisters at St. Scholastica Monastery established St. Anthony's Hospital as a fourteen-bed facility on December 4, 1925, initially using a private home belonging to the Burrows family of Morrilton. Almost 100 years later, St. Anthony's evolved into CHI St. Vincent Morrilton.

CHI St. Vincent Morrilton has provided quality care to its community for decades. Being part of CHI St. Vincent means the community has access to many centers of excellence, including our Heart Institute and Neuroscience Institute.

In 2014, we expanded our Morrilton emergency department to include updated technology, more exam rooms and other patient-centered amenities. Most patients experience very little or no wait time at all.

Our medical staff includes physicians with expertise in family and general practice, general surgery, and internal medicine. And CHI St. Vincent Morrilton offers convenient health care and ancillary services typically associated with larger facilities in larger cities. Those services include gynecology, general surgery, home health, intensive care, laboratory services, orthopedics, outpatient/same-day surgery, radiology and imaging, rehabilitation, sleep lab services, urology and wound care.



#### Our Mission

The hospital's dedication to assessing significant community health needs and helping to address them in conjunction with the community is in keeping with its mission. As CommonSpirit Health, we make the healing presence of God known in our world by improving the health of the people we serve, especially those who are vulnerable, while we advance social justice for all.

#### Financial Assistance for Medically Necessary Care

It is the policy of CommonSpirit Health to provide, without discrimination, emergency medical care and medically necessary care in CommonSpirit hospital facilities to all patients, without regard to a patient's financial ability to pay. This hospital has a financial assistance policy that describes the assistance provided to patients for whom it would be a financial hardship to fully pay the expected out-of-pocket expenses for such care, and who meet the eligibility criteria for such assistance. The financial assistance policy, a plain language summary and related materials are available in multiple languages on the hospital's website.

#### Description of the Community Served

#### **CHI St. Vincent Morrilton Community Definition**

The Mission and Strategic Planning teams established that the areas of primary commitment shall be defined as those counties which housed up to 75% of unique medical records at each facility. On this basis, the identified Community Definition for St. Vincent Morrilton is Conway County (where the hospital is located) and Perry County.

	Morrilton		90th percentile for positive factors 10th percentile for negative factors	
	Conway	Perry	Top US Performer s	
Length Life				
Life Expectancy	74.8	76.1	81.1	
Premature Age Adjusted Mortality	500	440	280	

Quality of Life				
Frequent Mental Distress	17%	18%	12%	
Frequent Physical Distress	16%	17%	10%	
Health Factors				
Obesity	40%	36%	26%	
Teen Births	40	31	12	
Food Insecurity	19%	18%	9%	
Clinical Care				
Uninsured	8%	8%	6%	
Primary Care Physicians	1,490:1	5,180:1	1,030:1	
Mental Health Providers	370:1	n/a	270:1	
Social and Eco	nomic Fact	ors		
Violent Crime	211	519	63	
Suicides	24	19	11	
Children in Poverty	23%	24%	10%	
Demographics				
Population	20,846	10,455		
% < 18	22.60%	22.60%		
% > 65	19.70%	20.50%		
% Non-	11.30%	2.00%		

Hispanic Black			
% Non- Hispanic White	81.40%	91.70%	
% Hispanic	4.00%	3.10%	
% Female	50.80%	50.40%	- -
% Rural	70.50%	100.00%	

### **Community Assessment and Significant Needs**

The health issues that form the basis of the hospital's community health implementation strategy and programs were identified in the most recent CHNA report, which was adopted in June 2022. The CHNA contains several key elements, including:

- Description of the assessed community served by the hospital;
- Description of assessment processes and methods;
- Presentation of data, information and findings, including significant community health needs;
- Community resources potentially available to help address identified needs; and
- Discussion of impacts of actions taken by the hospital since the preceding CHNA.

Additional detail about the needs assessment process and findings can be found in the CHNA report, which is publicly available on the hospital's website or upon request from the hospital, using the contact information in the At-a-Glance Summary.

### Significant Health Needs

The CHNA identified the significant needs in the table below, which also indicates which needs the hospital intends to address. Identified needs may include specific health conditions, behaviors and health care services, and also health-related social needs that have an impact on health and well-being.

Significant Health Need	Description	Intend to Address?
Access to Mental Health Services	Lack of accessibility to mental health care in those communities that have the highest rates of poverty, lack of insurance, transportation, and confidence in health care.	•
Substance Abuse	The pandemic has exacerbated rates of substance abuse in the community and created further shortages of resources to provide such care for needy communities.	•

Significant Health Need	Description	Intend to Address?
Basic Health Awareness and Chronic Condition Education	Prevalence of obesity and related comorbidities in the population due to lack of access to healthy food options and education.  Related to chronic obesity, incidents of heart disease have been on the rise partially because of lifestyle choices and partially because so many people postponed treatment during the pandemic.	•
Domestic Violence and Human Trafficking	A major concern for our hospital's leadership as well as a majority of key informant survey participants is violent crime.	•
Reliable Transportation	This is a component of access to health services, particularly in a rural community.	•

### **2022 Implementation Strategy**

This section presents strategies and program activities the hospital intends to deliver, fund or collaborate with others on to address significant community health needs over the next three years, including resources for and anticipated impacts of these activities.

Planned activities are consistent with current significant needs and the hospital's mission and capabilities. The hospital may amend the plan as circumstances warrant, such as changes in community needs or resources to address them.

### Creating the Implementation Strategy

The hospital is dedicated to improving community health and delivering community benefits with the engagement of its management team, board, clinicians and staff, and in collaboration with community partners.

Hospital and health system participants included Mission Integration leaders, senior Morrilton leadership, community partners like the City of Morrilton, the Conway County Health Coalition, the Arkansas Department of Health,



Arkansas Health Network, St. Vincent Foundation, St. Vincent Board of Directors, and the Catholic Diocese of Little Rock.

Community input or contributions to this implementation strategy included surveys of internal and external stakeholders, community partners, public health services, and ongoing partnerships with public and private agencies.

The programs and initiatives described here were selected on the basis of existing and anticipated partnerships with community resources with a shared objective to improve the health outcomes of our community by positively affecting the social determinants of health. Emphasis is being placed on the partnerships that we can form which will have the best opportunities for success.

#### Community Health Strategic Objectives

The hospital believes that program activities to help address significant community health needs should reflect a strategic use of resources and engagement of participants both inside and outside of the health care delivery system.

CommonSpirit Health has established four core strategic objectives for community health improvement activities. These objectives help to ensure that our program activities overall address strategic aims while meeting locally-identified needs.



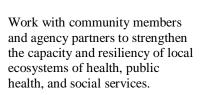
**Build Capacity** 

**Communities** 

for More

Equitable

Create robust alignment with multiple departments and programmatic integration with relevant strategic initiatives to optimize system resources for advancing community health.







Scale initiatives that complement conventional care to be proactive and community-centered, and strengthen the connection between clinical care and social health.

Partner, invest in and catalyze the expansion of evidence-based programs and innovative solutions that improve community health and well-being.

## Strategies and Program Activities by Health Need

Anticipated Impact (Goal)	St. Vincent Morrilton hopes to impact the general health of our community with an emphasis on prenatal care, and mental health care in rural commun partnering with local government to expand and support access to commun behavioral health care especially focused on behavioral health and recovery	ities least se ity resource	erved by exis	ting resources	s;
		Strategic Objectives			
Strategy or Program	Summary Description	Alignment & Integration	Clinical - Community Linkages	Capacity for Equitable Communities	Innovation & Impact
Connected Community Network	A patient centered, integrated network of social, medical, and behavioral health services linked together to provide easier access to post acute care, especially for the homeless community and the poor.	•	•	•	•
Transportation	Expand the ability of the poor and vulnerable in rural communities to travel to doctor's appointments and scheduled procedures.	•	•	•	•
Community Outreach Program	The hospital is planning a new Community Outreach program featuring a Community Health Coordinator and two Community Health Workers.	•	•	•	•
Planned Resources	Community health outreach staff, education and research resources from the local hospital as well as our System Community Outreach Office. Staff medical and social work specialists to participate in community events.				
Planned Collaborators	City of Morrilton; Conway County Quorum Court; Conway County Health	Coalition,	Arkansas De	partment of H	lealth



### Health Need: Education about Basic Health Awareness, Chronic Conditions, and Domestic Violence and Human Trafficking

Anticipated Impact (Goal)	The intent is to improve the general health of the community by improving the level of basic health knowledge and awareness and by building a greater level of confidence in and respect for health care in communities that traditionally this sentiment has been lacking.				
			Strategic Objectives		
Strategy or Program Sum	Summary Description	Alignment & Integration	Clinical - Community Linkages	Capacity for Equitable Communities	Innovation & Impact
Community Health Campaigns	Form partnerships with local government, schools, and community groups to provide materials and expertise to educate the community on the impact of the social determinants of health.	•	•	•	•
Community Outreach Program	The hospital is planning a new Community Outreach program featuring a Community Health Coordinator and two Community Health Workers.	•	•	•	•
Planned Resources	Community health outreach staff, education and research resources from the local hospital as well as our System Community Outreach Office. Staff medical and social work specialists to participate in community events.				
Planned Collaborators	Conway County Health Coalition; local governments; schools; health care providers; Arkansas Department of Health				